

### Term Dates 2021

#### Term 1

Mon 1<sup>st</sup> Feb - Thu 1<sup>st</sup> Apr

#### Term 2

Mon 19<sup>th</sup> Apr - Fri 2<sup>nd</sup> Jul

#### Term 3

Mon 19<sup>th</sup> Jul - Fri 24<sup>th</sup> Sept

#### Term 4

Mon 11<sup>th</sup> Oct - Thu 16<sup>th</sup> Dec

#### School Development Days

#### Term 1

Thu 28<sup>th</sup> Jan, Fri 29<sup>th</sup> Jan,  
Fri 26<sup>th</sup> Feb

#### Term 4

Thu 21<sup>st</sup> Oct, Fri 22<sup>nd</sup> Oct,  
Fri 17<sup>th</sup> Dec

# News

Explore • Discover • Achieve

Term 1, Week 8 2021

## A message from our Principal

Dear Parents & Carers,

This term has certainly gone quickly with the April holidays nearly upon us. We have had a busy fortnight with lots of our older students participating in interschool basketball, tee-ball and lacrosse events this week.

Our Year 5 girls' basketball team were amazing and won their division, bringing home a pennant. Our boys' basketball team, our lacrosse teams and our tee-ball teams took up the challenge and put in wonderful performances showing great sportsmanship and winning a number of games. They should be very proud of their efforts - we certainly are!

Our wonderful P&C have again put together an Easter raffle for our school community and I would like to acknowledge the contributions made by our families as there were many donations received this year. Ticket sales to date have been amazing with about 500 tickets already having been sold. The raffle will be drawn next week and winners will be notified.

The Japanese Cultural Day held last week was absolutely fantastic and all of our Year 1-6 students had lots of fun participating in a wide range of activities. I would like to thank Sensei for the effort that she went to ensure that this was a successful day. Her organisation of activities, student groups and the rotational activities were thoroughly enjoyed by all and we saw some fantastic work by the students.

I would like to wish everyone a very safe and happy Easter, and we look forward to working with you all again next term.

*Michelle Wellsted*  
Principal

## PRE-PRIMARY MERIT AWARDS



## YEAR 1 MERIT AWARD



## YEAR 2 MERIT AWARD



## YEAR 3 MERIT AWARD



## YEAR 4 MERIT AWARD



## YEAR 5 MERIT AWARDS



## YEAR 6 MERIT AWARDS



## SPECIALIST MERIT AWARDS





## ATTENDANCE

### Every student matters, every moment counts!

At Alkimos Beach PS we know that regular attendance is fundamental to student learning. Every day counts; any absence from school has the potential to adversely impact student outcomes.

Consistent attendance and engaged participation are powerfully linked to success in education. We want your child to achieve their very best and feel safe and included. Developing a habit of going to school every day is vitally important so your child does not miss out on important ideas and skills they need for future learning.

**If your child is absent, please let the class teacher or school office know the reason why they have been away from school as soon as possible.** Thank you to those who are notifying the school regarding their child's absences in a timely manner. You can do this via email, phone call, note in the diary, letter to the teacher or using the absentee tab on the connect. **It is a legal requirement that the school is notified by parents regarding absences. The Department of Education monitors this. Please assist us by notifying the school within three days of the start of your child's absence.**

Students who attend school less than 90% are considered 'at risk' by the Education Department and staff will notify you of this and work with you to help restore regular attendance.

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## NAPLAN

This year, our students in Year 3 and 5 will be undertaking NAPLAN Online in Term 2. This year, this is planned for the 11-14 May. Please ensure that you do not plan for family holiday

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## LOOSE DOGS

It has been brought to our attention that a number of dogs have been off the lead on the school oval at school pick up time, can we please ensure all dogs are kept on a lead as a number of students have been feeling uneasy while leaving the school premises. Thank you



Please  
keep dogs  
on leads

## STAFF PARKING

This is a friendly reminder to all parents and carers, the car parking on the beach side of the school is staff parking. Please do not use this to drop off or pick up students.



**Staff  
Parking  
Only**

## **JAPANESE CULTURAL DAY 2021**

Tuesday March 16 saw our Year 1 – 6 students work collaboratively in mixed age teams to participate in a range of Japanese Cultural activities. Many activities focussed on rice and co-operative team work. Students listened to a popular Japanese folk tale, “The Rolling Riceball”, made and ate their own riceballs (some were decorated as cats, bears and pandas) and learned about rice paddy art trend popular in rural Japan. There were some interesting designs created for a potential rice paddy at Alkimos Beach.



Students applied their Japanese writing skills while copying various Kanji, hiragana and katakana characters (alphabet and picture words) onto pre-painted rocks. We hope to install these rocks in a river formation as a garden art feature in the school yard later this year.



Kimono fabric patterns were examined closely in the Art room with Mrs Harris as well as two other stations. Mrs Harris’ artists worked in pairs to complete one aspect of a kokeshi doll in great detail. Each group added to another part of the doll, started by the previous groups. The finished products look amazing with their floral backgrounds added and will be displayed in the library shortly.



Other groups used kimono patterned paper to cut and design their own kimono dolls which were glued onto book marks or door hangers. Japanese kimono, karate suits and other anime costumes were worn in the CosPlay station. Many thanks to Mrs Parkinson who taught these students how to use the green screen app so that they could insert a Japanese scene as the background to their photos. We look forward to seeing those images next week.



Traditional activities such as Taiko drumming, karate, origami, using chopsticks and the traditional toy box required students to focus on a range of brand new skills and techniques, often working together with a friend or a team in order to be successful.



A giant thankyou to everyone who helped out, especially our specialist teachers who all brought their special skills to their workshops. (PS Mr Innes' secret karate superpowers were revealed! We hope to see them again).

Arigatou gozaimashita, Mrs Maeda and Mrs Dunne. We really appreciate your volunteering all day to help with the Taiko drumming and onigiri (riceball) making stations.



# STEM-tastic Work

Science, Technology, Engineering and Maths.

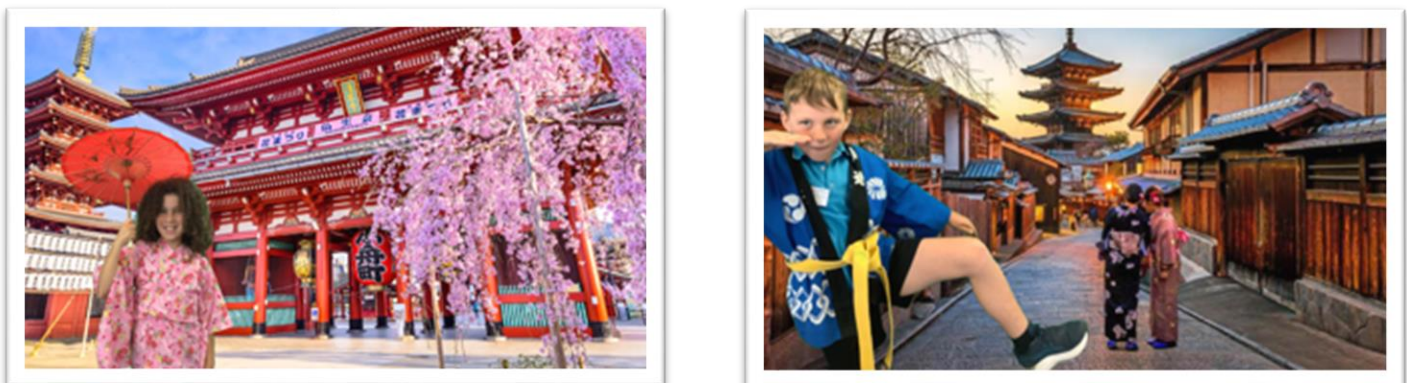
Enjoy these creative, STEM-tastic activities happening around Alkimos Beach Primary School.

In Science, Montebello Islands 2 with Mr Libbis have been looking at Earth's place in the solar system. After discussing the recent journey of the Mars Rover *Perseverance*, they then created their own cardboard version of a robotic arm. After that, they tested their arm to see if it was able to pick up rubbish for Clean Up Australia Day. There were mixed results, but this provided a great opportunity to reflect and improve.



STEM at Culture Day.

Using Sensei's beautiful costumes, students in Years 1-6 got to use green screens and the iPads to create a beautiful tourist pictures.





## UP IN LIGHTS

Mrs Walker and Miss Meade – Year 5



We have had a very busy term in MI3 and MI4. The students started the year with an incursion from the Australian Electoral Commission. During this incursion we learnt about the voting process, this set us up to start learning about Democracy in Australia. We have discussed all aspects of democracy, the voting process and the freedom of citizens. We have also been immersed in everything space related. Students have discovered interesting facts about the sun and planets. In English the students have been learning the text, 'The Creek'. During Mathematics, we have been learning to calculate multiplication problems which include multiplying two digit by two digit numbers.

We are so proud of the way the students have settled into Year 5



## HARMONY DAY 2021

Harmony Week and the Japanese Culture Day were both celebrated on Tuesday 16<sup>th</sup> March at Alkimos Beach Primary School. Many students wore the official Harmony Day colour of orange. We also had a range of very interesting clothing and accessories from many of the countries and cultures which are represented by our multi-cultural community. Thank you to all families who were proud to share your traditional dress with the school community and to Mrs Ammendolea who has displayed various flags and greeting signs which match our school community in her annual Harmony Day library display.





## SCHOOL VALUES

These are really important at the moment for all of our community. Resilience is the key for all of us to get through tough times. One of the critical values to remember is:

**Meaning:** Admire someone or something as a result of their abilities, qualities, or achievements.

**Synonyms:** admire, approve, appreciate, value, honour

You are practising RESPECT when you:

1. Show gratitude. Thank people for their help on a regular basis.
2. Celebrate the achievements of others.
3. Speak from the heart. Be sincere in your thanks
4. Do what you say you'll do.
5. Value other people's efforts by being on time, being prepared, and being enthusiastic.
6. Always come to school ready to go. Have your materials prepared use time effectively.



## CYBER SAFETY TIP OF THE WEEK!

These tips will help you stay safe online

1. **Explore together** — ask your mum, dad, carer or a trusted adult to play new games or apps with you at first.
2. **Stay close by** — when you use a phone, tablet or computer by yourself, make sure your mum, dad or carer is nearby so you can get help if you need it. Bonus tip — don't use your device alone in your bedroom.
3. **Ask before you download, install or buy anything** — check with your mum, dad or carer first.
4. **Keep your personal information private** — don't give out your address, which school you go to, phone number or passwords.
5. **Check your privacy settings and talk about what to share** — make your online accounts private and talk to your mum, dad or carer about the kinds of photos and information it is OK for you to share online.
6. **Cyberbullying** — if you receive a mean message, or a message that is mean about someone else, try not to respond and don't forward it. Tell an adult you trust about it.
7. **If you see something online you don't like** — show your mum, dad, carer or a trusted adult immediately.
8. **If someone you don't know sends you a message or you receive a message that makes you feel uncomfortable or unsafe** — tell your mum, dad, carer or an adult you trust straight away.
9. **Only 'friend' or add people you know in real life** — remember that not everyone online is who they say they are, so don't accept friend requests or followers you don't know.
10. **Don't meet up with online friends** — It is best to keep 'online friends' online, so if you do chat to other kids in online games don't meet up with them in person.



## APRIL SCHOOL HOLIDAYS – METRONET

These April school holidays METRONET will have a full-scale model on display at Yagan Square, giving people an early opportunity to see inside Perth's new C-Series trains.

METRONET would like to invite you to share this information with your school families, to attend the free family-friendly event from Saturday, 3 April to Sunday, 18 April between 9am and 5pm.

Visitors can walk through the carriage and along with the railcar, there is a 1:50 scale model on display, and kids can get involved with a scavenger hunt.

Thursday mornings between 9am-10am are reserved for Quiet Hour, where the display will be low sensory to cater for those who prefer to experience the train in this environment.

Walk-ins will be welcome and families wanting to skip the queue will be able to register for free VIP tickets at [www.metronet.wa.gov.au/all-aboard](http://www.metronet.wa.gov.au/all-aboard).

If you need any further information on the event, or could share some promotional materials, please just let us know by return email or at 9326 3666.

As the biggest railcar order in the state's history, the METRONET Railcar Program will deliver 246 new C-series railcars to Perth's rail network.

The trains will service an increased demand from METRONET projects and replace the A-series trains that currently operate on the Armadale/Thornlie, Fremantle and Midland lines.

Find out more about the Railcar Program and METRONET at [www.metronet.wa.gov.au](http://www.metronet.wa.gov.au).



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### UNIFORMCONCEPTS

NELL GRAY

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Please note Uniform Concepts Clarkson Store will be closed the following dates for April School Holidays.

**CLOSED from 6PM Thursday 1<sup>st</sup> April & REOPENING 9am Wednesday 14<sup>th</sup> April 2021.** Store details and usual opening hours are below for your convenience.

Unit 4, 1 Sarasota Pass  
Clarkson WA 6030  
Ph: 9270 4656

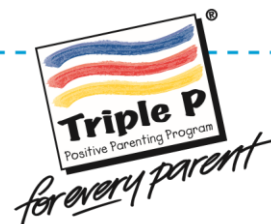
#### OPENING HOURS

Monday	9.00am – 5.00pm
Tuesday	9.00am – 5.00pm
Wednesday	9.00am – 5.00pm
Thursday	9.00am – 6.00pm
Friday	9.00am – 5.00pm
Saturday	9.00am – 1.00pm



# Parent Traps

By Professor Matt Sanders



## Parent Traps

By Professor Matt Sanders

It's tough being a parent but it's easy to fall into one of the common parenting traps.

**The criticism trap** is when there are frequent power struggles with your child. The situations escalate from criticising to threatening and yelling. This type of discipline often backfires. The parent's anger makes the child and parent resentful and hostile. If these kinds of battles take place frequently, it's time to try a new way of handling the situation.

**The "leave them alone" trap** involves the parent simply not acknowledging their child when they are behaving well. If good behaviour is taken for granted it may be replaced with the misbehaviour that receives more attention. A basic principle of positive parenting is to praise behaviours you would like to see more often.

**The "for the sake of the children" trap** occurs when parents in unhappy marriages stick doggedly to the same marriage routines, for the sake of the children, rather than addressing the problems constructively.

**The perfect parent trap.** There is no such thing as a perfect parent and trying to be one will only lead to disappointment, resentment, guilt, and feelings of inadequacy.

**The martyr trap** is one where parents become so over-involved in the task of parenting they neglect their own needs. The parents' relationship suffers and may end in feelings of dissatisfaction and resentment. Quality parenting can only happen when adults have their own lives in balance.

**Professor Matt Sanders is founder of the Triple P – Positive Parenting Program®. For more information go to [www.triplep-parenting.net](http://www.triplep-parenting.net)**



# ALKIMOS BEACH JAN-JUNE BEACHSAFE CALENDAR 2021



## JANUARY Holiday Nippers

6 x 1 hour session

WEEKDAYS 6 - 13 JANUARY

Alkimos Beach, North Beach Access



## FEBRUARY SurfBabies

SAT 6 FEB - & SurfKids

SAT 13 MAR 6 x 30 minute sessions

Alkimos Beach, North Beach Access | Saturdays Only



## HLTAID003 Provide First Aid Course

8am - 5pm (Single day full course or refresher)

Alkimos Beach Pop Up Library, Graceful Blvd



FEB

SAT 6  
SAT 27

MARCH

SAT 13  
SAT 27

APRIL

SAT 10

MAY

SAT 1  
SAT 15

JUNE

SAT 5  
SAT 19



For further lifesaving, sport and social opportunities, Join the Alkimos Surf Life Saving Club!

Get in touch via [admin@alkimossclc.com.au](mailto:admin@alkimossclc.com.au)

For more information or to join one of Surf Life Saving WA's BeachSAFE Programs (FREE for Alkimos Beach and Alkimos Vista Residents), visit [mybeach.com.au](http://mybeach.com.au) or call Surf Life Saving WA on 9207 6666. Registrations are essential. SLSWA RTO: 51104

Dates, times and venues are subject to change visit [facebook.com/AlkimosBeach](https://facebook.com/AlkimosBeach) for regular updates.



ALKIMOS  
BEACH

Alkimos  
Vista

