

### Term Dates 2021

#### Term 1

Mon 1<sup>st</sup> Feb - Thu 1<sup>st</sup> Apr

#### Term 2

Mon 19<sup>th</sup> Apr - Fri 2<sup>nd</sup> Jul

#### Term 3

Mon 19<sup>th</sup> Jul - Fri 24<sup>th</sup> Sept

#### Term 4

Mon 11<sup>th</sup> Oct - Thu 16<sup>th</sup> Dec

#### School Development Days

#### Term 1

Thu 28<sup>th</sup> Jan, Fri 29<sup>th</sup> Jan,  
Fri 26<sup>th</sup> Feb

#### Term 4

Thu 21<sup>st</sup> Oct, Fri 22<sup>nd</sup> Oct,  
Fri 17<sup>th</sup> Dec

# News

Explore • Discover • Achieve

Term 1, Week 6 2021

## A message from our Principal

Dear Parents & Carers,

Wow! What a 9-day fortnight! Students and have been extremely busy putting in place our new Talk 4 Writing processes with some fantastic pieces of work being shown to the administration team. Some of our students were fortunate enough to participate in the Ruby Roo Ruby Clinics. They all had a great time with the instructors saying how well behaved our students were.

Just a reminder to parents, Alkimos Beach PS will be open tomorrow as a polling station. The P&C have organised for a coffee van to be on site as well as cooking a sausage sizzle. They are desperate for helper's tomorrow. If you are available, please send our P&C President a message on the P&C Facebook page. It is encouraged that children do not use the school playground equipment on Saturday.

We are looking forward to our Japanese Cultural Day on Tuesday 16<sup>th</sup> March. Year 1 to 6 students will be working in mixed age groups in various classrooms around the school. They will be participating in a range of Japanese activities including dress up costumes, mural making, cooking, rock painting, traditional toys, karate skills, taiko drumming and other cultural activities. I would like to thank Mrs Hall for all the effort she has put in to organise this event, I'm sure the students will have a fantastic time.

As the school continues to grow, I just want to remind parents about parking around the school. We have recently had complaints from parents in regards to parking etiquette. Compared to other schools, we have a higher number of parking bays and I strongly encourage those who can walk, ride or scooter to school to do so. There are also a number of parking bays around Leatherback oval which currently are under-utilized. Please only park in ACROD parking if you have the appropriate ACROD sticker. The car parking on the beach side of the school is staff parking. Please do not use this to drop off or pick up students.

The rest of the term is going to go very quickly, with a number of exciting incursions and excursions for a number of our students. Keep an eye out on Connect for updates regarding these events!

Have a great fortnight everyone!

*Michelle Wellsted*

**AUSSIE OF THE MONTH**



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**ECO WARRIOR**



**PRE-PRIMARY MERIT AWARDS**



**YEAR 1 MERIT AWARDS**





## YEAR 2 MERIT AWARDS



## YEAR 3 MERIT AWARD



## YEAR 4 MERIT AWARDS



## YEAR 5 MERIT AWARDS



## YEAR 6 MERIT AWARDS



## SPECIALIST CLASS AWARDS



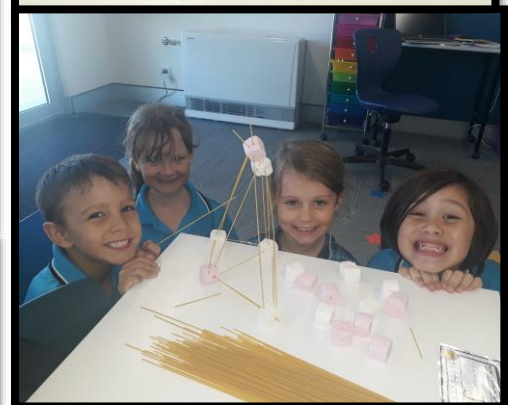
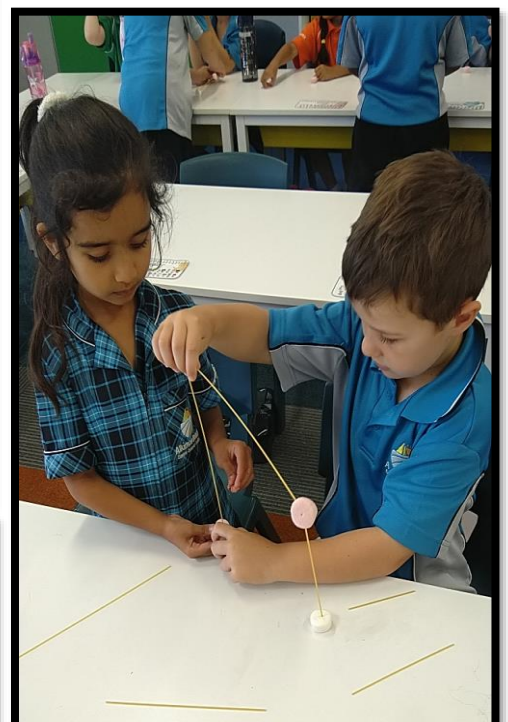


# STEM-tastic Work

Science, Technology, Engineering and Maths.

Enjoy these creative, STEM-tastic activities happening around Alkimos Beach Primary School.

In Science, Hamelin Pool 1 with Mrs Watt and Shark Bay 3 with Mrs Edworthy have been looking at change and whether the changes are reversible or irreversible. They have looked at melting icy poles and cooked and uncooked spaghetti. After talking about the properties of cooked and uncooked spaghetti the class decided it was best to make our towers from uncooked spaghetti.



Do you know what a meal worm is? Well, Shark Bay 4 and Mrs Cairnduff have been learning all about them. A few weeks ago, Mrs Cairnduff brought in some mealworms to help SB4 learn about life cycles. We started with a box full of mealworms, which are the larva. We fed them carrots and they grew. Then, the mealworms turned into pupa. Finally, the pupa turned into beetles. Now we have a box full of black and brown beetles!



**Parent Tip of the Week:** Remind your children to avoid responding to negative messages and to tell you or another trusted adult if they receive them. Tell them it is OK to report others who are not being nice.



## **CLEAN SCHOOLS**

Clean Schools—Keep Australia Beautiful Campaign

On Thursday and Friday last week the students and teachers at Alkimos Beach Primary went outside cleaning up our schools natural environment of plastics, paper and general rubbish around our school. We brought back to the bins 100ltrs of Rubbish!!!!!!

Mrs Wood and some amazing volunteers sorted through the rubbish separating all the items into categories for recycling. Take a look at the photos of all the things we collected.



## **P&C MEETING**

There will be a P&C meeting on the 16<sup>th</sup> March at 7pm in the staff room, all parents and care givers are welcome, unfortunately children will need to stay home.

## **P&C ELECTION DAY FUNDRAISER**

The P&C would really appreciate anyone who would like to Volunteer their time tomorrow at the Election Day Fundraiser, please contact Nicole Tarpey via the P&C notice board. Thank you

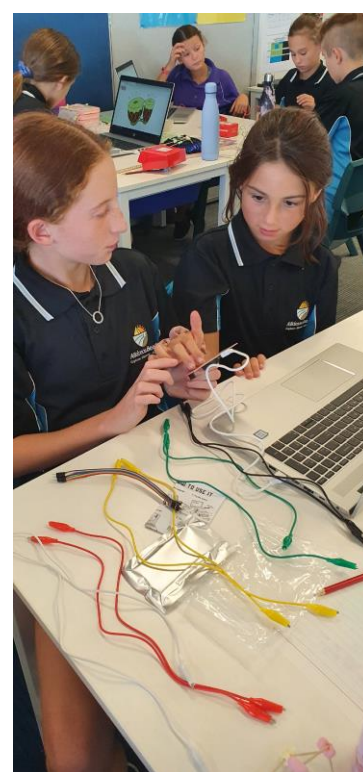


## UP IN LIGHTS

Mrs Wood, Mrs Radich and Mrs Parkinson – Year 6

The Year 6 Teachers are very proud of the way the Year 6 students have started their final year of primary school. It has been a busy start to the year with the Electoral Role Representative coming to the school to inform us on how the democratic process was run and then ensuring our school elections followed the correct process. The students have immersed themselves in Makey Makey, the Unusual House script for Talk for Writing, understanding how our Federation and Australian Constitution was created and the mental calculation skills needed to assist in problem solving activities in Mathematics.

The students are looking forward to our day at Ern Halliday where they will hone their skills in archery.



YEAR

6

# Parent Traps

By Professor Matt Sanders



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## Parent Traps

By Professor Matt Sanders

It's tough being a parent but it's easy to fall into one of the common parenting traps.

**The criticism trap** is when there are frequent power struggles with your child. The situations escalate from criticising to threatening and yelling. This type of discipline often backfires. The parent's anger makes the child and parent resentful and hostile. If these kinds of battles take place frequently, it's time to try a new way of handling the situation.

**The "leave them alone" trap** involves the parent simply not acknowledging their child when they are behaving well. If good behaviour is taken for granted it may be replaced with the misbehaviour that receives more attention. A basic principle of positive parenting is to praise behaviours you would like to see more often.

**The "for the sake of the children" trap** occurs when parents in unhappy marriages stick doggedly to the same marriage routines, for the sake of the children, rather than addressing the problems constructively.

**The perfect parent trap.** There is no such thing as a perfect parent and trying to be one will only lead to disappointment, resentment, guilt, and feelings of inadequacy.

**The martyr trap** is one where parents become so over-involved in the task of parenting they neglect their own needs. The parents' relationship suffers and may end in feelings of dissatisfaction and resentment. Quality parenting can only happen when adults have their own lives in balance.

**Professor Matt Sanders is founder of the Triple P – Positive Parenting Program®. For more information go to [www.triplep-parenting.net](http://www.triplep-parenting.net) or (INSERT LOCAL CONTACT DETAILS/INFORMATION HERE).**

[www.triplep-parenting.net](http://www.triplep-parenting.net)

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# ALKIMOS BEACH JAN-JUNE BEACHSAFE CALENDAR 2021



## JANUARY Holiday Nippers

6 x 1 hour session

WEEKDAYS 6 - 13 JANUARY

Alkimos Beach, North Beach Access



## FEBRUARY SurfBabies

SAT 6 FEB -

SAT 13 MAR

& SurfKids

6 x 30 minute sessions

Alkimos Beach, North Beach Access | Saturdays Only



## HLTAID003 Provide First Aid Course

8am - 5pm (Single day full course or refresher)

Alkimos Beach Pop Up Library, Graceful Blvd



FEB

SAT 6

SAT 27

MARCH

SAT 13

SAT 27

APRIL

SAT 10

MAY

SAT 1

SAT 15

JUNE

SAT 5

SAT 19



For further lifesaving, sport and social opportunities, Join the Alkimos Surf Life Saving Club!

Get in touch via [admin@alkimossclc.com.au](mailto:admin@alkimossclc.com.au)

For more information or to join one of Surf Life Saving WA's BeachSAFE Programs (FREE for Alkimos Beach and Alkimos Vista Residents), visit [mybeach.com.au](http://mybeach.com.au) or call Surf Life Saving WA on 9207 6666. Registrations are essential. SLSWA RTO: 51104

Dates, times and venues are subject to change visit [facebook.com/AlkimosBeach](https://facebook.com/AlkimosBeach) for regular updates.



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