

200 Leatherback Boulevard Alkimos WA 6038

Phone: 08 9561 7200 Website: alkimosps.wa.edu.au

**Term Dates** 

2019

Term 1 Mon 4<sup>th</sup> Feb - Fri 12<sup>th</sup> Apr

Term 2 Mon 29<sup>th</sup> Apr – Fri 5<sup>th</sup> Jul

Term 3 Mon 22<sup>nd</sup> Jul – Fri 27<sup>th</sup> Sep

Term 4 Mon 14<sup>th</sup> Oct – Fri 19<sup>th</sup> Dec

**School Development Days** 

Thursday 31<sup>st</sup> January Friday 1<sup>st</sup> February Friday 28<sup>th</sup> June Thursday 24<sup>th</sup> October Friday 25<sup>th</sup> October Friday 14<sup>th</sup> December



Week 2, Term 1 2019

# A message from our Principal

Dear Parents & Carers,

Welcome back and I hope that everyone had a relaxing and enjoyable holiday. This is the third year for our fantastic school and it has been terrific to see how well our students have settled back in. We have had a smooth start to the year with many new families joining us. On this note, I also extend a special welcome to new Alkimos Beach PS families.

Our current enrolments are up to 543, and we are operating 22 classes along with our specialist programs. We do have a number of new staff members and I would like to welcome them to the Alkimos Beach PS team.

Mr Peter Blanch Year 5/6 Miss Shannon Wilson-Taylor Year 2 Miss Tessa Lee Year 1/2

Mrs Nadine Baker Kindy (Wednesday)
Mr Michael Long Performing Arts
Mr Tony Mews Physical Education

We do have a number of teachers in new roles for 2019 which is quite exciting. Miss Hearne has undertaken a classroom teaching role this year and is working with some of our Year 3 students, Mr De Wit has joined the administration team as our second Associate Principal for Semester 1.

Class Information Meetings are planned to start from next week and your teacher will advise you as to when your child's class meeting is scheduled. These are a valuable way for you to meet your child's teacher, learn about some of the programs running within the class and school and to show your child that home and school is in partnership in their learning. Unfortunately, due to time constraints, there is not time for individual discussions. Please discuss an alternative time with your child's teacher, should you wish to discuss their educational needs further.

Michelle Wellsteed Principal

## WORLD OF MATHS INCURSION

To support our learning in the Mathematics curriculum area, the school has organised an incursion with 'World of Maths'. World of Maths is a hands-on incursion where students work on various activities in small groups and have the time and freedom to pursue the problems themselves. The activities cover all aspects of Mathematical concepts; number, space, measurement, structure and working mathematically. There is a strong emphasis on problem solving which has been identified as a priority target for our students in 2019.

This incursion is for all students in Pre Primary - Year 6. Notes have been sent home in hard copy and attached to a CONNECT notice.

When: Wednesday 6th March and Thursday 7th March

Cost: \$5 per student

Please note that payments are due by the 27th February.

## 2019 SCHOOL VOLUNTARY CONTRIBUTIONS

Student Billing Statements have been sent home this week. A big thank you to those families who have already paid.

This "one-off" payment is voluntary however it will be used to supplement expenditure in the following curriculum areas: Reading resources, maths resources and ICT equipment. Over the course of the school year, the contribution of \$30 equates to 0.75c per week.

Payment can be made directly into the school's bank account (this is our preferred method of payment). Details as follows:

Account Name: Alkimos Beach Primary School

BSB: 306-182 Account Number: 0085426

Please use your child's name as a reference. If using this method of payment, please ensure that you pay monies into the school account (as above) as we have had a few parents paying money into the P & C account in error.

Alternatively, you can pay by cash or EFTPOS in the office between 8am and 4pm daily.

If you would like to set up a payment plan for 2019 at any time, for any of the fees requested, including incursions/excursions, please call into the office and see me.

Kim Dark Manager Corporate Services

## STUDENT UPDATE FORMS

Next week we will be sending home Student Update Forms. These forms contain important information relating to your child such as emergency contact details etc. Please write any changes on the form and sign and date it. Forms can be deposited in the school drop boxes in the office.

## PARENT PARKING



Recently there have been increasing incidents of parents and visitors parking in the staff car park. Please be advised that the car park in front of the school and closest to the beach is for staff use only. The car park on the other side of the admin building is for parents and visitors.



Thank you for your understanding in this matter.

#### **SCHOOL HATS**

The office has a limited supply of school hats available for purchase at the regular price of \$16.00 Payment will be accepted by cash and EFTPOS only.

## SCHOOL CHOIR



We have had an overwhelming interest from our students in becoming part of the Alkimos Beach PS Choir, which is absolutely fantastic. Auditions are currently being held and we will keep you updated with choir news over the course of the year

I look forward to a wonderful, fun and inspiring year with choir.

Michael Long – Performing Arts Teacher

## FREE DRESS DAY - FUNDRAISER

The Year 6 students have organised a Free Dress day on Friday 1st March for all PP-Year 6 students and Kindy Groups D & E. All students are encouraged to wear free dress and donate a gold coin to a great cause. The P&C will also be selling Ice Cones on the day. Kindy A, B and C will have the same opportunity to wear free dress and buy ice cones on Tuesday 26th February.





## **CANTEEN - ONLINE ORDERING CUT-OFF**

If you are ordering lunches on a Wednesday please ensure you place your orders by 8.45 am.

## Alkimos Beach Primary School - Summer Menu 2019 (Wednesday)

## **MEAL DEALS**

**3x Party Pies, Fruit Cup & Drink** (Bottled Water 600ml or Orange / Apple Popper Juice) \$5.50

Cheese & Bacon Pizza, Fruit Cup & Drink (Bottled Water 600ml or Orange / Apple Popper Juice) \$6.00

Cheese Sandwich, Fruit Cup & Drink (Bottled Water 600ml or Orange / Apple Popper Juice) \$5.00

Ham & Cheese Sandwich, Fruit Cup & Drink (Bottled Water 600ml or Orange / Apple Popper Juice) \$5.50

Hawaiian Pizza, Fruit Cup & Drink (Bottled Water 600ml or Orange / Apple Popper Juice) \$6.00

Sausage Roll & Frozen Yoghurt (see flavours online) \$5.50

**Sausage Roll, Fruit Cup & Drink** (Bottled Water 600ml or Orange / Apple Popper Juice) \$5.50

**Hot Dog & Frozen Yoghurt** (see flavours online) \$5.50

Hot Dog, Fruit Cup & Drink (Bottled Water 600ml or Orange / Apple Popper Juice) \$5.50

**Toasted Cheese Sandwich, Fruit Cup & Drink** (Bottled Water 600ml or Orange / Apple Popper Juice) \$5.00

Toasted Ham & Cheese Sandwich, Fruit Cup & Drink (Bottled Water 600ml or Orange / Apple Popper Juice) \$5.50

## **SUSHI**

Chicken Teriyaki \$3.50

Tuna \$3.50

Soy Sauce .50c



## **LUNCH ITEMS**

Butter Chicken & Rice \$6.00

Chicken Cheese Burger \$6.00

**Chicken Cheese Mayonnaise Toasted Sandwich** \$5.50

Chicken Fried Rice \$5.00

Egg & Salad Box with Mayonnaise \$5.50

Homemade Burger with Salad \$6.00

Macaroni Cheese \$4.50

Spaghetti \$5.00

Sweet Chilli Chicken Wrap \$6.00

Vegetable Mi Goreng \$5.00

Tomato Sauce Portion .30c



#### **COLD SWEET TREATS**

**Frozen Yoghurts** (Rich in Calcium, Protein, Probiotics, Gluten Free & 98% Fat Free) *Flavours subject to change, please check online menu* \$2.50

## **DRINKS**

Water 600ml \$1.50

Choc Chill 200ml \$2.50

Strawberry Chill 200ml \$2.50

Harvey Fresh 100% Apple Juice 450ml \$3.00

Harvey Fresh 100% Orange Juice 450ml \$3.00

Harvey Fresh 100% Apple & Blackcurrant Juice 450ml \$3.00

Harvey Fresh 100% Orange & Mango Juice 450ml \$3.00

Harvey Fresh 100% Orange & Passionfruit Juice 450ml \$3.00

All orders are placed online

## QuickCliqwww.quickcliq.com.au

Blue Wave Café is managed by Yanchep Secondary College P&C Email: info@yanchepscpnc.org

Like us on Facebook to stay up to date! www.facebook.com/vanchepscpn

## SCHOLASTIC BOOK CLUB



The best gift any parent can give a child is the love of books and the joy and benefits of independent reading for fun. Children who read at home, or are read to, have a head start on reading success in school.

Our school is participating in **Scholastic Book Club** this year. Up to twice a term, during the school year, we will send home a Club catalogue with a different selection of books offered for all ages.

You'll find award-winning books and bestsellers, as well as old and new favourites. We recommend them because the books span a wide range of children's reading levels and interests and because they are inexpensive (some books cost as little as \$2).

It is easy to order. The **Book Club LOOP** platform for parents allows you to pay by credit card. Your child's order is submitted directly to school safe and sound and the books will be delivered to class. You can place your child's order at **scholastic.com.au/LOOP** or using the **LOOP** app, which can be downloaded from the App Store or Google Play.

Owning your own books is something special! We hope that you will encourage your child to order books this year. Each order helps earn free books and teaching materials for our classroom, however there is never any obligation to order. I know of no better way to encourage reading than to allow children to choose the books they want to read.

# **Butler-North Secondary School News**

Butler North Secondary School Facebook profile is now live. Below is the direct link or families can simply search the name of the school. This page will be the main form of communication this year - with regular updates, dates for community consultation, frequently asked questions etc.

Click here to visit the Butler North Secondary School Facebook pagehttps://www.facebook.com/Butler-North-Secondary-School-1784781418294974/

Regards.

Nancy McNally
Foundation Principal
Butler North Secondary School (planning name)
(08) 9285 3600
0416 078 550

# **Parenting Tips!**





## Parenting Tips!

There are five principles that underpin Triple P's positive parenting. These principles are relevant whether you've got toddlers, teens or in-betweens!

## 1. CREATE A SAFE, INTERESTING ENVIRONMENT

Bored kids are likely to misbehave. Bored teenagers may find trouble. So create an environment that allows kids to explore safely and develop their skills.

## 2. HAVE A POSITIVE LEARNING ENVIRONMENT

If a child or teenager comes to you for help or a chat, they're ready to learn. Give them positive attention, even if only for a minute or so. Encourage their ideas and opinions.

## 3. USE ASSERTIVE DISCIPLINE

Set clear rules and boundaries and follow through with fair consequences. You can negotiate some of these with older kids and decide on the rules and consequences together. Praise little and big kids to encourage the behaviour you like.

## 4. HAVE REALISTIC EXPECTATIONS

Nobody's perfect – kids, teenagers or adults – so don't expect your child to do more (or less) than they're capable of. And remember, we all make mistakes sometimes.

## 5. TAKE CARE OF YOURSELF AS A PARENT

It's all about balance. You've got to look after your own needs too, so make sure you're getting some support, time with friends, and maybe even a little time to yourself!

Click here to go to the Triple P website http://www.triplep-parenting.net.au





# Triple P - Positive Parenting Program®

A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.

## Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

## What is involved?

- Seminar Series 90-minute talks on:
  - · children's behaviour
    - the tough part of parenting
  - raising confident children
  - raising emotionally resilient children.
- Discussion Group small, 2-hour groups:
  - misbehaving
  - fighting and aggression
  - hassle-free shopping with children.
- Group Triple P 8-week parenting course.



## Program details:

Place: Seminar Series - Wanneroo

Date/s: 27th February, 6th March and 13th March 2019

Time: 9.30am - 11.30am Cost: FREE

## How do I book?

Visit www.healthywa.wa.gov.au/parentgroups.

If unable to book online, contact the Child Health Booking System on 1300 749 869.

Childcare: Please do not bring babies and children over the age of 6 months to the group.

You will need to make your own childcare arrangements for them. Crèche may be available at some venues. (Please check and organise through the venue).

You can bring babies into groups for feeding.

Visit www.healthywa.wa.gov.au/parentgroups for more information.



# WEST COAST EAGLES COME & TRY DAY

MONDAY, FEBRUARY 25 • 4.30PM - 6.00PM ST JOHNS WOOD, 68 STEPHENSON AVE, MT CLAREMONT

FREE COACHING CLINIC WITH THE WEST COAST EAGLES FOR ALL GIRLS IN PRE PRIMARY - YEAR 12 MEET PLAYERS

FROM THE WEST COAST EAGLES & WEST COAST EAGLES FEMALE ACADEMY
BRING

WATER BOTTLE, CLOSED IN SHOES AND A HAT









PARENTS ARE ENCOURAGED TO WEAR ACTIVEWEAR AND TAKE PART IN A FREE COACHING CLINIC WHILE THE GIRLS CLINIC IS UNDERWAY



REGISTER AT WESTCOASTEAGLES COM AU/COMEANDTRYDAY













