

## Term Dates

2018

**Term 4**  
**8<sup>th</sup> October – 13<sup>th</sup>**  
**December**

**School Development Days**  
**STUDENTS DO NOT**  
**ATTEND ON THESE DAYS**

Monday 22<sup>nd</sup> October  
Friday 14<sup>th</sup> December

**Dates to Remember**  
P&C Meeting – Tuesday  
23<sup>rd</sup> October @ 7.30pm in

## A message from our Principal

Dear Parents & Carers,

The term is going very quickly and we are almost at the half way mark.

We have had a great start to the Beach Safe program with our Year 2-6 students attending their first session on Wednesday. It was fantastic to see the increased confidence in a number of students when approaching water-based activities.

Our P&C have also had a terrific Funky Friday event raising \$681.15 from the sale of ice cones as well as donations. We certainly saw some great socks today! The winning class for donations was Roebuck Bay 3. Well done to those students and I am sure that they will enjoy the bowling certificates they received.

We have had the foreman from the nearby construction site come to us with some concerns. Students after school have been playing chicken with the trucks that are removing excess soil. This is an extremely dangerous practice. We have spoken to the students at school and I would ask all parents to reinforce this with their children as we would hate to hear of anyone being run over.

Mrs Moerman and her band of helpers have been extremely busy installing the wonderful mural that many of our students have helped to create. It is still in the finishing stages of installation and will certainly be a wonderful visual asset at the front of the school.



We will be holding our inaugural Art Exhibition on the 22<sup>nd</sup> November from 5.00 - 8.00pm. Admission is a gold coin and we know that it will be absolutely amazing so make sure you put the date into your calendar.

The P&C have organised that there will be tea, coffee and food available on the night.

Have a great fortnight everyone!

*Michelle Wellstead*  
Principal

## YEAR 6 SUSTAINABILITY TIPS

In our quest to produce a sustainable environment for our school and community, the Year 6 students have researched waste wise and water wise tips that could have a positive impact around us and the world.

Each fortnight there will be a new sustainability tip. See if it is something that you could introduce in your house. If we all work together, small changes can make a big difference.



Tip #6 **GROW** your own food!

By growing your own food you're saving the trouble of recycling your food packaging and the amount that will go to landfill.

**fact box...**

A tomato for instance would take 3-4 months to grow, but the packaging from the store or shop would take 90 to 450 years to break down...

## SCHOOL PHOTOS



School photos have been sent home with students this week. Please check your student's bag to make sure they have brought them home. The Monday/Tuesday Kindergarten groups will receive theirs on Monday.

## 2019 PERSONAL ITEMS LISTS

Students returning to Alkimos Beach PS in 2019 should have received their booklists for next year. These will also be available on the school website.



## ART NEWS

A collage of various student art projects, including a sunflower, a butterfly, a face, a sailboat, and a clay mask, set against a background of colorful squares and a red paint splatter.

EXPLORE DISCOVER ACHIEVE

# CREATIVE

AN EXHIBITION  
CELEBRATING THE  
VISUAL ARTS BY  
OUR STUDENTS AT  
ALKIMOS BEACH PRIMARY  
K-YEAR 6  
Thursday November 22nd  
5pm-8pm

Gold coin donation on entry

The logo for Alkimos Beach Primary School, featuring a stylized sun and waves.

**Alkimos Beach**  
PRIMARY SCHOOL

## HEAD LICE



Head lice are tiny insects which live in human hair. The eggs look like grains of salt stuck to the hair and are most often found behind the ears and along the forehead and temples.

Lice are commonly found in places such as schools, where large numbers of people come in to contact with each other. They can live in the cleanest of hair. They do not make you sick but are unpleasant as they can cause itching, especially in children. You may notice your child scratching his / her head.

Children who have shoulder length hair or longer, must wear their hair tied up in a ponytail or plaited.

We have had an occurrence of head lice in the school and encourage parents to check their child/ren's hair regularly and treat where appropriate.



Alkimos Beach Primary school will be running a **Mobile Muster** this term for members of the community to bring in any unwanted mobile phones to be recycled.

The purpose of a **Mobile Muster** transforms the components from mobile phones into valuable materials for reuse. Glass, aluminium, gold, silver, plastic, copper and the batteries can all be recycled to make new products from recycled mobile phones.

If you, or any one you know, have any old mobiles that are just sitting in your cupboards or draws that you no longer need or want, please bring them in to the office and we will place them into our Mobile Muster recycling bin.



*If we all work together, small changes can make a big difference.*  
students. Please return your forms by Thursday 25<sup>th</sup> October.

## MAYOR'S CHRISTMAS APPEAL

Alkimos Beach Primary School has a collection bin in the front office for the Mayor's Christmas Appeal. Each year the City of Wanneroo conducts the Mayor's Christmas Appeal to assist members of our Community who are facing hardship.

In previous years the Appeal has received a remarkable response from the community, with many local schools, community groups, businesses and residents donating generously.

Toys: Please ensure these are age appropriate.

Non-Perishable Food Items: (Please check that these are not out of date)

Examples of non-perishable food items for you to collect include:

- Christmas puddings/cakes
- Fruit mince pies
- Cakes, cake mixes and biscuits
- Nuts, crackers and chips
- Pasta and sauce
- Tinned foods (sweet and savoury) Jams and spreads
- Tea, coffee and sugar
- Cereals
- Rice and noodles



# COMMUNITY NEWS

## DEVELOP BEACH CONFIDENCE...



**MAKE THE MOST OF YOUR SUMMER!**

**SurfBabies & SurfKids** are fun, participation based programs designed to help kids and their parents develop the necessary skills and confidence to safely enjoy the beach environment.

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**SERIES 1** 3 November - 8 December 2018      **SERIES 2** 2 February - 9 March 2019

<b>PROGRAM AND TIMES</b> (6 x 30min lessons)	<b>LOCATIONS</b>
SurfBabies Level 1 2yrs 8:30 - 9:00am	Alkimos Beach, Coogee Beach, Cottesloe,
SurfBabies Level 2 3yrs 9:10 - 9:40am	Fremantle, Mullaloo, North Beach and Sorrento.
SurfBabies Level 3 4yrs 9:50 - 10:20am	
SurfKids Level 1 5-7yrs 10:30 - 11:00am	<b>COST</b>
	\$100 per child

**For more info contact Surf Life Saving WA**  
T: 9207 6666 or visit [mybeach.com.au/childrensprogram](http://mybeach.com.au/childrensprogram)




**Parenting Connection**  
Supporting WA parents

### Ngala Parent Education workshop

FREE TWO HOUR SESSIONS FOR PARENTS AND CARERS OF CHILDREN 0-5 YEARS

Facilitated by experienced Ngala Parent Support Workers, these sessions are an opportunity for parents to gain valuable knowledge, share important experiences and meet other local families.

Now in a Bed 2-5 years	Saturday 17 November
Guiding Children's Behaviour 2-5 years	Saturday 01 December

**Where:** Ngala Joondalup, Shenton House, 57 Shenton Avenue, Joondalup 6027  
**When:** On the dates above at 9:30am  
**Cost:** FREE  
**Book online:** [www.ngala.com.au](http://www.ngala.com.au)  
**Phone:** 9368 9368 or  
**Email:** [NorthWestMetro.PCWA@ngala.com.au](mailto:NorthWestMetro.PCWA@ngala.com.au)

Supported by       Delivered by 

## October SHORT courses in West Leederville

Relationships Australia are proud to offer the following parenting workshops to the community of West Leederville and surrounds!

### Communication in Relationships

Mon 8 Oct 6.30pm - 9.00pm \$30 p/person

To provide the basic principles for communicating with those you love to gain clarity and achieve respectful relationships.

### Setting Healthy Boundaries

Wed 10 Oct 6.30-9.00pm \$30 p/person

### Survival Kit for Separating Dads

Tues 9 Oct 6.30-9.00pm \$30 p/person

This workshop aims to assist you to identify some practical coping strategies so that you can feel more positive about yourself and your future.

### Mindfulness - Transform Your Relationships

Tues 9 Oct 6.30-9.00pm \$30 p/person

People who practice mindfulness in their daily lives are more likely to respond in a loving way rather than automatically reacting.

### Mums Surviving Separation

Wed 10 Oct 6.30pm - 9.00pm \$30 p/person

This workshop aims to explore the challenges of separation with other women in a similar position and to identify and/or reconnect with coping strategies to help in moving on to a fulfilling and happy life.

Places are limited - please contact (08) 6164 0200 to register today!

For more information about our courses and workshops, please click here or visit [www.relationshipsaustralia.org.au](http://www.relationshipsaustralia.org.au)

Relationships Australia

## WHAT'S ON @ ALKIMOS POP UP LIBRARY

CITY OF WANNEROO LIBRARIES  
CHECK US OUT

**LIBRARY OPEN**

Mondays 9.30 - 11.30am  
 Tuesdays 9.30 - 11.30am (During Term Times)  
 Wednesdays 9.30 - 11.30am  
 Fridays 3 - 5pm  
 Saturdays 9.30 - 11.30 am

**TECH HELP**

Mondays & Saturdays 10 - 11.30am  
 Want to better understand your device? Book in for a 30 min one-on-one session with one of our tech-savvy volunteers. Call 9407 1800 or go to [techhelpalkimos.eventsforthe.org.au](http://techhelpalkimos.eventsforthe.org.au) to book.

**MEDITATION INTENTIONS**

With Surf Your Life Out Club  
 Wednesdays // 6 - 7.30pm  
 Would you like some time out to escape your thoughts? Come along for some relaxing meditation.  
 Contact Barbara - 0410 063 188

**Financial Counselling**

With Space Centre  
 Thursday // 8.30 - 2.30pm  
 Fortnightly - 8 & 20 September  
 Bookings - 9407 2000

**Alkimos Pop-Up Library will be CLOSED on Saturday 1 September** for a private course.

**Did you know, you can Change the World?**

Art Exhibition // 22 September - 19 October

Each year 19 kids come together to participate in a workshop run by 17 year old artist who finished "OURS: Great Work for Textiles" in 2018. They all worked together through their own rock 'n' roll You Know. You can change the world! Making ideas and learning from each other. Everyone created a piece of artwork on how they would change the world.

**Thrilling Play**

Mondays 10 - 11.30am

**all about play**

Tuesdays 9.30 - 11.30am During Term Times

**all about stories**

Saturdays 9.30 - 10am During Term Times

**Angelhands Trauma Recovery**

Fridays // 8.30 - 3pm

Our Trauma Recovery Team provides a face to face service to facilitate healing for adult survivors of trauma, violence or loss. Our service is confidential and free of charge. Call: 0272 2242 or 0410 585 290



**STEM Club**

Fridays // 4 - 5pm During Term Times

Join the Alkimos STEM club to make exciting and fun science discoveries. Ages 7+ Bookings essential - Call 9407 1800 or go to [www.alkimos.gov.au/stem](http://www.alkimos.gov.au/stem)

### Need space for community activities?

Alkimos Pop-Up Library is available as a community use space. Contact [sharon.carnegie@wanneroo.wa.gov.au](mailto:sharon.carnegie@wanneroo.wa.gov.au) or 9405 5948 for more information

ALKIMOS BEACH

[library.wanneroo.wa.gov.au](http://library.wanneroo.wa.gov.au)

Alkimos Community Library Gateway Shopping Centre, Alkimos