

Term Dates

2018

Term 3
16th July – 21st September

Term 4
8th October – 13th December

School Development Days
Monday 22nd October
Friday 14th December

News

Explore • Discover • Achieve

Week 9, Term 3 2018

A message from our Principal

The students at Alkimos Beach PS have had a fantastic fortnight with lots of exciting events for them to enjoy. The last two weeks started with the Interschool Athletics Carnival, where selected students from Year 4 to 6 participated in running races and team games. It turned out to be a beautiful day, with the sun coming out after a bit of light rain. I would like to congratulate all students for being a good sport, displaying persistence and resilience throughout the day and cheering on our school. Well done to Tyleaa and Matthew who received champion girl and boy for their year level and Kaelah who received runner up champion girl for her year.

On Wednesday, students enjoyed a free incursion with performances from the Constable Care team. Students in Pre-Primary to Year 2 viewed a performance about Timmy, Teagan and Sarge The Dog at the park enjoying a beautiful afternoon. They get butterflies in their tummies as they zoom down the big slide and their hearts pound with excitement playing chasey. They realise that it can be pretty fun to feel a little scared, but not always. There's a difference between fun-scary and bad-scary. Timmy and Teagan learn that there is always a safe person to talk to about the bad-scary stuff. This fun play helped children identify feelings, increasing emotional literacy and supported them in identifying safe adults to talk to. Whereas our Year 3-6 students viewed a performance about Jasper who is the new kid in school and is having a hard time fitting in – how can you help? With the overarching aim of bullying prevention this show helps children develop pro-social skills and supports them in creating and promoting a culture of respect and consideration amongst their school community. This interactive performance encourages students to think about how their behaviour can affect other people, seeing them build confidence in social situations, making friends and developing resilience.

Lastly, students participated in a "Footy Final's Colours and P&C Jesters Meal Deal day. Thank you to all that supported this day with \$315.55 being raised from the Footy Finals Colours and \$351.50 from the Jesters Meal deal day going towards the Year 6 graduation events later in the year.

Just a reminder, next week is the last week of Term 3 with students breaking on the 21st September and returning on Monday 8th October with school photos occurring in Week 1.

Richard Allbury
Associate Principal

YEAR 6 SUSTAINABILITY TIPS

In our quest to produce a sustainable environment for our school and community, the Year 6 students have researched waste wise and water wise tips that could have a positive impact around us and the world.

Each fortnight there will be a new sustainability tip. See if it is something that you could introduce in your house. If we all work together, small changes can make a big difference.

Tip#4 Why should you turn off your Sprinklers off in Winter



Why?

Evaporation rates are generally lower in Winter, so you can leave your sprinklers off and let the rain take care of your lawn and garden instead. The Winter sprinkler switch off aims to prevent wastage and save water for drier months.



Fun Fact

Last Winter we saved 5 billion litres of Water by switching off our sprinklers and letting the rain take care of our gardens.

2018 SPORTS CARNIVAL



STUDENTS NOT RETURNING IN 2019

We are currently looking at student numbers for next year. If your student will not be returning to Alkimos Beach Primary School in 2019 please see the office to complete a notification form. Alternatively please email your notification (with all the following details) to alkimosbeach.ps@education.wa.edu.au.

- Student's full name
- Year/Form
- Last date attending
- Name of school they will be attending in the future
- Reason for leaving
-



SCHOOL PHOTO DAY IS COMING – TUESDAY 9th & WEDNESDAY 10th OCTOBER

Our school photo day is coming! Every student has received a Kapture Photography order envelope to bring home. The recommended method of ordering your photos is online through Kapture's website as your payment is secure and can be easily verified at any time. If you pay online, there is no need to return the order envelope to school.

Alternatively you can pay by cash and return the provided envelope to the school **on the photography day**. Please note the photographers cannot open sealed envelopes and cannot provide change.

SIBLING ORDERS CAN ONLY BE PLACED ONLINE: *Late requests cannot be granted.*

You have the option to order a sibling photo package online. We suggest you place your online sibling order as soon as you receive your order envelope with your order instructions. Log on to kapture.com.au for your sibling photo order cut-off date and time.

Late payment envelopes cannot be accepted by the school office or by Kapture. You can place an order online for class or individual photographs at any time for the remainder of the current school year however a \$15 fee will apply if you order more than 10 days after photography.

Kapture offer a money back guarantee for any parent who is not fully satisfied with their photo package. Should you have any queries before or after photo day, please direct them to the Kapture office on 9240 1714 or email enquiries@kapture.com.au.

*All students will be photographed individually on photo day for school administration records AS WELL as included in their class group photo available for purchase to all families. Should there be any reason why your child should **NOT** be included in the photo shoot –please contact the school office.*

ALKIMOS BEACH PRIMARY SCHOOL – BLUE WAVE CAFÉ

Blue Wave Café operates from Yanchep Secondary College and is managed by Yanchep Secondary College P&C. The Café is staffed by a mixture of paid employees and dedicated volunteers with over 10 years of successful school canteen experience. The Café adheres to the Department of Education's Healthy Food and Drink Policy and all staff have current Working with Children Check cards.

The Café prepare and sell delicious reasonably priced lunches, snacks and drinks to YSC students in their new professionally fitted out school Café and deliver lunches to both Yanchep Lagoon Primary School and Two Rocks Primary School.

We are excited to be able to offer this delivery service to the Alkimos Beach Primary School community!

From next term Blue Wave Café will operate out of the Alkimos Beach Primary School canteen for lunch every Wednesday with all ordering placed online through QuickCliq – www.quickcliq.com.au. Parents are encouraged to register in readiness for this new service.

Blue Wave Café are working with Alkimos Beach Primary School to provide a healthy and relevant menu.

Alkimos Beach Primary School Menu	
Egg & Salad Box with Mayonnaise \$ 5.50	MEAL DEALS
Butter Chicken & Rice \$ 6.00	3 x Party Pies, Fruit Cup & Water \$ 5.50
Chicken Fried Rice (gf) \$ 5.00	Cheese Sandwich, Fruit Cup & Water \$ 5.00
Vegetable Fried Rice (gf) \$ 4.00	Cheese & Bacon Pizza, Fruit Cup & Water \$ 6.00
Macaroni Cheese (gf) \$ 4.50	Ham & Cheese Sandwich, Fruit Cup & Water \$ 5.50
Spaghetti (gf) \$ 5.00	Hawaiian Pizza, Fruit Cup & Water \$ 6.00
Vegetable Mie Goreng \$ 5.00	Hotdog & Frozen Yoghurt \$ 5.50
Chicken Teriyaki Sushi with soy sauce (gf) \$ 4.00	Hotdog, Fruit Cup & Water \$ 5.50
Tuna Sushi with soy sauce (gf) \$ 4.00	Good Eating Sausage Roll & Frozen Yoghurt \$ 5.50
Chicken Cheese Mayonnaise Sandwich \$ 5.00	Good Eating Sausage Roll, Fruit Cup & Water \$ 5.50
Toasted Chicken Cheese Mayonnaise \$ 5.50	Toasted Cheese Sandwich, Fruit Cup & Water \$ 5.00
Homemade Hamburger with Salad \$ 5.50	Toasted Ham & Cheese Sandwich, Fruit Cup & Water \$ 5.50
Chicken, Lettuce & Mayo Burger \$ 5.50	
FROZEN YOGHURTS	DRINKS
(Rich In Calcium, Protein, Probiotics, Gluten Free & 98% Fat Free)	200ml Chocolate Drink \$ 2.50
Flavours subject to change	200ml Strawberry Drink \$ 2.50
What a Melon \$ 2.50	600ml Water \$ 2.00
Chocolate Rumble \$ 2.50	450ml Harvey Fresh Juices \$ 3.00
Cookies & Cream (not gluten free) \$ 2.50	(Apple, Orange, Orange & Mango,
Strawberry Shortcake \$ 2.50	Orange & Passionfruit & Apple &
Fairy Floss \$ 2.50	Blackcurrant)
Mango Frenzy \$ 2.50	

DEVELOP BEACH CONFIDENCE...



MAKE THE MOST OF YOUR SUMMER!

SurfBabies & SurfKids are fun, participation based programs designed to help kids and their parents develop the necessary skills and confidence to safely enjoy the beach environment.

SERIES 1 3 November – 8 December 2018		SERIES 2 2 February – 9 March 2019	
PROGRAM AND TIMES (6 x 30min lessons)			
SurfBabies Level 1	2yrs	8:30 – 9:00am	LOCATIONS Alkimos Beach, Coogee Beach, Cottesloe, Fremantle, Mullaloo, North Beach and Sorrento.
SurfBabies Level 2	3yrs	9:10 – 9:40am	
SurfBabies Level 3	4yrs	9:50 – 10:20am	
SurfKids Level 1	5-7yrs	10:30 – 11:00am	
			COST
			\$100 per child

For more info contact Surf Life Saving WA
T: 9207 6666 or visit mybeach.com.au/childrensprogram



SAFETY BEACH

Find the **FUN** between the flags!



Free game download!

This summer's hottest new game is **Safety Beach**, helping teach kids essential beach safety tips.

Play anywhere on a touchscreen device and level up your lessons about surf safety.

Each level helps you learn about the beach.

When you're between the flags, that's where the fun is!

INTERACTIVE
Learn the rules of the beach and become a hero by saving the swimmers on screen. Each rescue puts you higher on the leaderboard.

FUN
Enjoy beach fun even when you're no where near the surf. Great gameplay gives you the experience of what it's like to be a real lifesaver.

FREE
Plus, no towel or bathers needed! Download the app from the App Store or Google Play and play for free, with no in-game purchases.

MYBEACH.COM.AU/APP DOWNLOAD THE APP

Download on the App Store GET IT ON Google Play

WHAT'S ON @ ALKIMOS POP-UP LIBRARY

CITY OF WANNEROO LIBRARIES
CHECK US OUT



LIBRARY OPEN

Mondays 9.30 – 11.30am

Tuesdays 9.30 – 11.30am
(During Term Times)

Wednesdays 9.30 – 11.30am

Fridays 3 – 5pm

Saturdays 9.30 – 11.30 am



Mondays & Saturdays
10 – 11.30am

Want to better understand your device? Book in for a 30 min one-on-one session with one of our tech-savvy volunteers. Call 9407 1600 or go to techhelpalkimos.eventbrite.com to book.



With Sort Your Life Out Club
Wednesdays // 6 – 7.30pm
Would you like some time out to escape your thoughts? Come along for some relaxing meditation.
Contact Barbara – 0410 083 188

Financial Counselling

With Spicers Centre
Thursday // 8.30 – 2.30pm
Fortnightly – 8 & 20 September
Bookings – 9401 2699

Alkimos Pop-Up Library
will be **CLOSED** on
Saturday 1 September
for a private course.



Knitting Group
Mondays
10 – 11.30am



all about play
Tuesdays
9.30 – 11.30am
During Term Times



all about stories
Saturdays
9.30 – 10am
During Term Times

Angelhands Trauma Recovery

Fridays // 8.30 – 3pm
Our Trauma Recovery Team provides a face to face service to facilitate healing for adult survivors of trauma, violence or loss.
Our service is confidential and free of charge
Call: 9272 2242 or 0416 580 060



Provide First Aid

Saturday 1 September // 8am – 5pm

Provided by Surf Life Saving WA, this course is FREE to Alkimos Beach residents.
Bookings are essential, call 9407 666 to secure your place.



Did you know, you can Change the World?

Art Exhibition // 22 September – 19 October

Earlier this year 75 kids came together to participate in a workshop run by 12 year old Scott who founded 'Scott's Great Walk for Telethon' in 2010. They all worked together through Scott's book 'Did You know, You can Change the World?' sharing ideas and learning from each other. Everyone created a piece of artwork on how they could change the world.



Fridays // 4 – 5pm
During Term Times.
Join the Alkimos STEM club to make exciting and fun science discoveries. Ages 7+
Bookings essential – Call 9407 1600 or go to stemalkimos.eventbrite.com



Government of Western Australia
Child and Adolescent Health Service



Triple P – Positive Parenting Program®

A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.

Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

What is involved?

- Seminar Series** – 90-minute talks on:
 - children's behaviour – the tough part of parenting
 - raising confident children
 - raising emotionally resilient children.
- Discussion Group** – small, 2-hour groups:
 - misbehaving
 - fighting and aggression
 - hassle-free shopping with children.
- Group Triple P** – 8-week parenting course.



Program details:

Place: **Warwick - Seminar Series**

Date/s: **18th October - 1st November 2018**

Time: **9.30am - 11.30am**

Cost: **FREE**

To register please see below

Note: **creche is available - please contact venue**

How do I book?

Visit www.healthywa.wa.gov.au/parentgroups.

If unable to book online, contact the Child Health Booking System on 1300 749 869.

Visit www.healthywa.wa.gov.au/parentgroups for more information.

Need space for community activities?

Alkimos Pop-Up Library is available as a community use space.

Contact sharon.carnegie@wanneroo.wa.gov.au or 9405 5948 for more information



library.wanneroo.wa.gov.au

Alkimos Community Library
Gateway Shopping Centre, Alkimos

This document can be made available in alternative formats on request for a person with a disability.

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